

Please send me more details on finding a personal relationship with God

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Darkest Day



Brightest Morning



Dark days

Many people have experience of dark days. Almost everyone in the developed world experiences some symptoms associated with depression. Though knowing this doesn't help when in the depths of darkness.



For some of us help comes from consultation or drugs, or even being out in the sun when the brighter days come. But why should it happen at all?

Perhaps you find yourself in this situation or know someone going through the darkness and you ask the question 'does God know anything about my problem?'

Yes, Christ Jesus knows. The darkness He experienced is deeper than any other person will ever know.

The reason He came to earth was to deal with it completely. It's not what He planned when He created everything.

You ask, 'Can there be brighter days ahead for me?'

The darkness recedes

When the darkness descends we feel that no one else understands or knows.

When looking forward to His death Christ Jesus said

"My soul is overwhelmed with sorrow to the point of death."

Matthew 26:38

He knew that He was taking on death as the payment to remove all darkness, and failure, including that of individuals. He...

...being in anguish, prayed more earnestly, and his sweat was like drops of blood falling to the ground.

Luke 22:44

He came from a place that was always light. We can never understand the great darkness He faced when He took on

Himself all the sin of the whole world.

The darkness recedes when He says

I have come into the world as a light, so that no one who believes in me should stay in darkness.

John 12:46



Darkness and Light

Depression and its effects are not a person's own fault.

For we know that the whole creation groaneth and travaileth in pain together until now.

Romans 8:22



However there can be situations which trigger the symptoms.

We know ourselves that we are not always the nice good people we want to be either within ourselves or to others. We as individuals contribute to the darkness in the world. God groups it all together and calls it sin.

But if we walk in the light, as he is in the light, ...the blood of Jesus, his Son, purifies us from all sin. If we claim to be without sin, we deceive ourselves.

1 John 1:7, 8

How can the darkness in the world and in me, be done away with? How do we return to God's good and perfect standard?

God is the only one who can take away the darkness. He offers...

to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins.

Acts 26:18



Light at the end of the tunnel

Even the whole earth came out in recognition of the crucifixion of Jesus.

From noon until three in the afternoon darkness came over all the land. About three in the afternoon Jesus cried out in a loud voice, "My God, my God, why have you forsaken me?"

Matthew 27:45

Christ Jesus was taking all the darkness and sin on Himself. At the end of the darkness He cried out...

"It is finished." With that, he bowed his head and gave up his spirit.

John 19:30

Then on that first Easter Sunday two angels, bright and shining, announced as the sun rose...

He is not here; he has risen.

Matthew 28:6



He had overcome the darkness that ends in death.

In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it.

John 1:4, 5

So how do I benefit from it?



Dark or Light

The key to having God's help through this life and knowing that darkness totally removed after life on earth is given in the word of Christ Jesus. He said

I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.

John 8:12

So light displaces the darkness and we all know we cannot have both at the same time.

This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.

John 3:19–21



While Christ Jesus died and rose again to pay for all sin, we can only come into the good of it by turning from the darkness and sin of our own lives and asking Him to apply His sacrifice to us and forgive us for our own sins.



In light of the Future

Life can be difficult and sometimes almost impossible, but with the help of someone you can trust, life can be possible and the future secure.

For those who accept His offer, He says...

But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.

1 Peter 2:9

The Bible says of Heaven...

There will be no more night. They will not need the light of a lamp or the light of the sun, for the Lord God will give them light. And they will reign for ever and ever.

Revelation 22:5

Since God is light, separation from Him is darkness. For those who don't want His way, God says...

Blackest darkness is reserved for them.

2 Peter 2:17

In light of the future, will you put your hand and your life into His care? You'll find that God is already reaching out to you.

